



EALA

LUXURY SPA

*“...in the continuous
and uninterrupted search
of **BALANCE**
it is sometimes necessary
to **LISTEN** to oneself...
in order to create
the basis for a
complete act of
FREEDOM and LOVE
versus body, soul
and mind.”*

Veronika
Miotto
Spa Manager

A white, handwritten signature in cursive script, overlapping the text 'Spa Manager'.

BALANCE
LISTEN
FREEDOM
LOVE

Welcome to EALA Luxury SPA, 1'500 qm
of Wellness thought exclusively for you.

Our professional staff will take care of all your needs
with a unique range of treatments to awaken your
most sensitive yourself with a holistic, sensorial
and natural approach using raw material from our
territory.

We commit ourselves and we dedicate you our
passion and know-how in terms of Wellness and
well-being.

**Looking forward to your visit at EALA Luxury Spa
we thank you very much for your trust.**

Your
EALA Luxury SPA Team



EALA

LUXURY SPA

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EALA LUXURY SPA

Legend



UPON REQUEST IN A COUPLE CABIN
Price to be intended per person



SUITABLE DURING PREGNANCY
Can be performed from the 16th week of gestation

TEAM D^R JOSEPH

Hightech Natural Cosmetics

Imagine nature and science would form an alliance.

Team Dr. Joseph has dared this alliance and, with over 30 years of history and experience in the production of natural cosmetics, has created a new product category: Hightech Natural Cosmetics - a combination of plant-based high-tech functional ingredients and advanced technology. Results-driven and perfectly synchronized formulations are transformed into highly effective products that are specifically tailored to the skin's needs.

Visible, immediate effect;
High-tech natural cosmetics;
Holistic treatments;
Sustainable, respectful approach to nature;
Bio-certified functional cosmetics;
Light, non-greasy, fast-absorbing textures;
For your skin health.



FACE TREATMENT

Traditional Steam Cleansing



50 minutes

€ 115

80 minutes
with modulated
facial massage

€ 145

The use of steam allows deep cleansing, aimed at visibly detoxifying the skin on the face; extraction of blackheads, eyebrow correction and depilation (if desired) is an integral part of this special treatment. Ideal for dull or impure skin in search of new freshness and radiance.

New Freshness



50 minutes

€ 135

Skin type-specific intensive deep cleansing according to the Team Dr Joseph method for improved pore structure.

The skin appears pure and soft. Warm compresses soaked in mountain herb essence and dead sea salt, a gentle lymph-stimulating massage, peeling, deep drainage with glass cups. Followed by a peel-off mask for a visibly fresher complexion and a vital glow.

Eye and Face Guasha



50 minutes
€ 135

Intensive Lifting & Glow treatment for an awake eye area and firm contours. The intensive care treatment consisting of deep cleansing, peeling, mindfulness massage, Gua-Sha Eye Lifting Massage, care mask, eye & lip care and individual skincare is ideal for wrinkles, tiredness and puffiness in the eye area and ensures a visibly firmed eye area and taut facial contours. Maximum effect for a visibly firmed and intensively cared for skin appearance.

Deep Cellular Regeneration



80 minutes
€ 165

A wonderful treatment with natural functional ingredients, specially adapted to the needs of your skin, with a immediate effect and a deeply caring treatment relaxing according to the Team Dr Joseph method. With highly effective natural functional ingredients for healthy, intensively cared-for skin. Skin analysis, lymphostimulating massage, peeling, cupping, modulated facial massage, intensive cream mask for perfect cell regeneration.

Plus



Eyelash tinting € 30
Eyebrow tinting € 30
Eyelash and eyebrow tinting € 50

Hands



Hand peeling,
specific manicure and massage 75 minutes € 95

Feet



Foot peeling,
specific pedicure and massage 75 minutes € 115

Smalto



Classic nail polish application € 25
Semi-permanent nail polish application € 35
Gel removal € 30

Depilation



Fast eyebrow correction € 15
Eyebrow shape definition € 25
Upper lip € 15
Chin € 15
Armpits € 20
Partial half leg € 50
Total depilation legs plus groin € 65
Partial groin € 25
Full crotch € 30
Arms € 30
Back € 40
Breast € 40

SCRUB TOTAL BODY

Intensive



In the emotion tub with organic cane sugar, dead sea salt organic oil.

25 minutes € 70

Aromatic

In the emotion tub with Dead Sea Salt and organic essential oils (on selection).

25 minutes € 70

Morning energy

In the emotion tub with freshly ground local coffee, coconut butter and sugar from organic cane and cinnamon.

25 minutes € 70

Garda Hammam

In the Emotion tub with Mud Soap with hemp flax and copper glove.

25 minutes € 70

Luffa Peeling

Fruit acids in combination with the mechanical action of Luffa.

25 minutes € 70

Exfoliating Massage

A special massage performed in the emotion tub reactivates the circulation, stimulates tissue oxygenation and, by means of a specific exfoliation product, gives new and intense hydration.

Ideal for the driest, thickest and most dehydrated skin.

45 minutes € 95

Glove Body Massage



Dry scrub with linen and copper glove, after a warm dabbing, a specific moisturising product is applied according to the type of beauty. Ideal for the most sensitive skin.

45 minutes € 95

MOISTURIZING AND TREATING WRAPS

MOISTURISERS & NUTRIENTS IN THE EMOTION BED



Regenerating

Intensive moisturising (fragrance-free)
25 minutes € 65

Aromatic

Intensive Moisturiser with Organic
Essential Oils (on selection)
25 minutes € 65

Vein and capillary strengthening agent

Grape seed, Sea Buckthorn and Baobab
25 minutes € 65

No age

Botanical Hyaluronic Acid,
Apple and Rosehip
25 minutes € 65

Calmante

Marigold and Chamomile
25 minutes € 65

Sport

Arnica and Hypericum
25 minutes € 65

TREATMENTS IN THE EMOTION BED

Mud

Classic 45 minutes € 85
Alpine 45 minutes € 85

Saline 45 minutes € 85
Algae 45 minutes € 85

TREATMENTS ON A CLASSIC BED



Cold leg massage

Draining and remodelling, legs appear lighter and decongested.
45 minutes € 80

HOLISTIC RITUALS

Relaxing head and neck massage



50 minutes
€ 120

Special manual massage techniques with the help of basalt sticks stimulate specific points of the nervous system, release tension and clear the mind. The deep contact and pleasant olfactory experience allow you to unplug from everyday stress. An unforgettable moment with a deeply relaxing action.

Dynamic recreation back



50 minutes
€ 120

A restorative back massage, customised in technique and intensity. Highly effective natural massage oils optimise the result. The unique combination of cups, hot roller and Tibetan bells help to release tension and improve the flexibility of the spinal column.

Inner balance chakra



50 minutes
€ 120

A no touch treatment that stimulates body awareness and gives a feeling of joy through the vibration of the Tibetan Bell. A composition of pure aromatic oils significantly stimulates the Chakra points; the aid of gems and minerals create a unique experience of deep energetic awareness.

Deep relax stone aroma



50 minutes
€ 120

A deeply relaxing massage with aromatherapy oils stimulates the lymph flow, with a decongesting and calming effect on the nervous system. A special olfactory experience and intense heat stimulated by the basalt stone eliminate physical and mental stress, providing a feeling of relaxation.

Abdomen



50 minutes
€ 120

This effective treatment helps to decongest the abdominal area. Through cupping, deep stimulation of the upper and lower abdominal area is achieved; the manual massage and vibrations of the Tibetan bell encourage a profound reactivation of the metabolism. Performed exclusively away from mealtimes.

Detoxifying

80 minutes
€ 195

An effective detoxifying treatment that has a lasting effect on the connective tissue. The Total Body algae pack and cupping in combination with highly effective natural products visibly alleviate the fluid retention, exerting a draining action on the tissues. A manual massage with a specific product in application favours an intense decongestant action.

TRADITIONAL MASSAGES

Eala Classico



45 minutes € 100

75 minutes € 140

This classic type improves blood circulation and stimulates lymphatic circulation; you can also customise your treatment by choosing your preferred product texture.

Oils Essenziali



50 minutes € 115

80 minutes € 155

The choice from a specific selection of fine essential oils, will create a unique and overwhelming sensory experience.

Drenante



Parziale viso
25 minutes € 85

Parziale gambe
50 minutes € 115

Total body
80 minutes € 155

Through gentle rhythmic pumping, it eliminates liquids and toxins in the body, a benefit amplified by the synergy of the specific product being applied.

Activ



50 minutes € 115

A deep-tissue massage, excellent before and after sporting activities; the perfect proposition for those who enjoy a manipulation intensive muscle. The use of specific synergies amplify the benefits of the treatment.

Miofasciale



50 minutes € 115

Through an intensive, in-depth technique, the therapist treats stretching muscle strips, stimulating particular tension points to create new oxygenation and muscle balance.

Plantare



25 minutes € 85
50 minutes € 115

Exhausting and relaxing, this specific massage stimulates the rebalancing of the body through the manipulation of specific reflex points.

Viso Testa Spalle



25 minutes € 85
50 minutes € 115

Deep cleansing in combination with specific organic products prepare for a relaxing massage of the neck, shoulders, décolleté and head; particularly suitable for those suffering from headaches and facial tension.

Premaman



50 minutes € 115
80 minutes € 155

Dedicated to women over 16 weeks pregnant, this massage with pure coconut oil gently stimulates lymph and blood circulation, alleviates swelling and heaviness, and creates a deeply moisturising and relaxing pampering.

Specifico



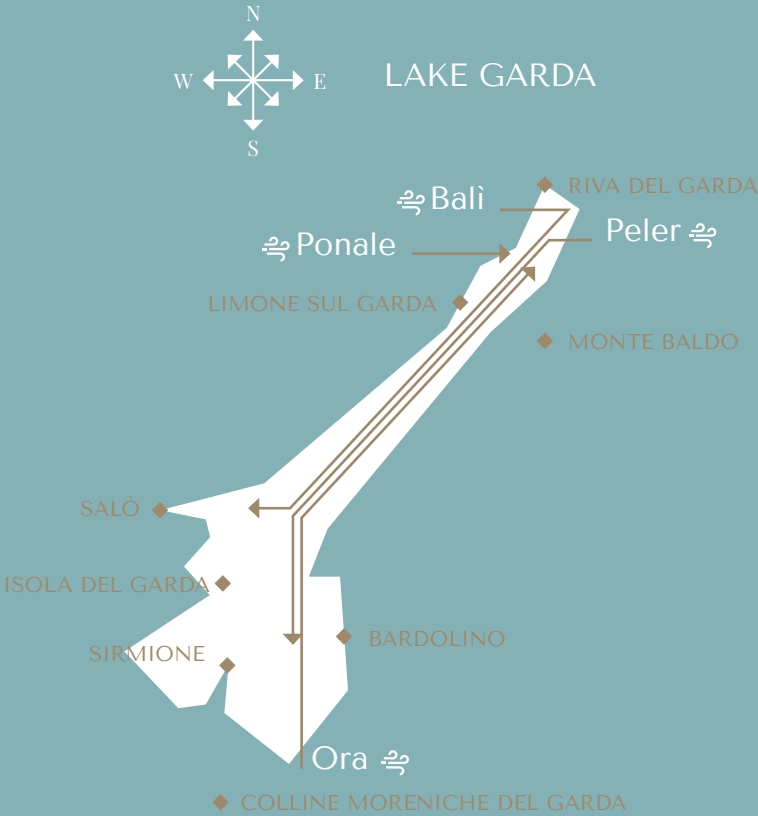
25 minutes € 95
50 minutes € 125
80 minutes € 165

After a brief discussion with the therapist, the best treatment strategy is identified, aimed at benefiting body, mind and soul. A totalising well-being created with the best professional proposals, products and specific aids.

EALA BOX TREATMENT

They are reserved per person,
for exclusive use, may not be transferable
or modifiable in any way or form.

10% While booking one of the
following exclusive
EALA Box Treatment, you will
additionally get a reduction of 10%:



Peler



€ 230

- 1 Scrub of your choice 25 minutes
- 1 Moisturising & nourishing pack (your choice) 25 minutes
- 1 Specific Massage 50 minutes

Ponal



€ 315

- 1 Manicure Ritual 75 minutes
- 1 Pedicure Ritual 75 minutes
- 1 Facial steam cleaning 80 minutes

Il Bali



€ 440

- 1 Total Body Scrub (your choice) 25 minutes
- 2 Treatment pack 45 minutes
- 2 Specific Massage 50 minutes

Ora del Garda



€ 640

- Dedicated to the couple, in our exclusive cabin
- 2 Facial cleansing 50 minutes
- 2 Scrubs of your choice 25 minutes
- 2 Specific Massage 50 minutes

GENERAL INFORMATION

EALA LUXURY SPA

EALA Luxury Spa has an area of 1500 square metres; it has been working since 2021 with only Professionals in the field and has as its sole aim the Wellbeing of its Guests. Precisely for this reason, we invite you to take a look at some useful information that will make your stay at EALA HOTEL a unique and unforgettable experience.

TREATMENTS

The Beauty reception staff is at your complete disposal on level 6 of the facility to explain the Treatments and the various proposals of the Wellness Centre. For all needs we answer to the number +39 0365 954613 or by e-mail spa@ealalakegarda.com.

We advise guests to reserve their desired treatments well in advance, and to inform us of any medical conditions.

Or doubts about the state of health or a possible state of pregnancy, this will allow us to better respond to any changes in treatment.

When booking, we ask you to specify should the gender of the Operator be a limitation. We will do our utmost to meet your needs, however, if no preference is communicated and you decide to forego the booked Treatment, we will be forced to charge you the full amount of the Professional's performance. ù

We ask you to wear our soft bathrobes, the slippers provided and ask you to leave any valuables and jewellery in the room.

We will be pleased to welcome you at our Beauty Reception 10 minutes before the start of the Treatment. Please note that in the event of a delay, it will not be possible to extend the duration of the Treatment and the full amount of the reserved service will be charged in order to avoid inconveniencing subsequent Guests.

It is possible to cancel treatment without incur any penalty by cancelling up to one day before the reservation. Cancellations or cancellations occurring close to the day of the appointment or in the event of a no-show will be charged the full cost of the reserved services.

SPA ETIQUETTE

In order to respect the serenity and relaxation of all guests, please keep a tone of voice appropriate to the wellness environment and we ask that mobile phones and/or electronic devices be silenced or switched off.

SAUNA AREA

Please note that the SAUNA AREA is a nudist area. Entry is forbidden for persons under 18 years of age.

For hygienic reasons, we ask that you enter the treatment cabins without a swimming costume.

The 100% cotton towels available in the rooms can be used to avoid direct contact with the surfaces of the treatment rooms.

Our staff will work to ensure that these important hygiene rules are respected. Any unauthorised filming in the SAUNA AREA is prohibited for the well-being and privacy of our guests.

THEFT OR LOSS

EALA Hotel disclaims all liability and accepts no responsibility for theft and/or loss of objects and/or money and/or damage to personal items brought into the hotel.

